



Monday August 22, 2022

Inflation Surges to 19.64% in July 2022.

The recently released CPI report by the National Bureau of Statistics showed that inflation rose to **+19.64%** in July, resulting in a nearly two-decade high. The July 2022 figure was 104bp higher than **+18.60%** in June. The inflation rate appears to have fed off a depreciating exchange rate. The Naira breached the N700/\$ threshold for the first time in July 2022 after the Central Bank of Nigeria (CBN) stated that the NNPC had failed to remit revenues to the foreign reserve account.

We believe the fall in reserves was one of several factors responsible for the decline of the Naira. Speculative demand for the dollar has occurred partly by a larger than usual increase in money supply and widespread adverse sentiments over the Naira. The seasonal demand by students in foreign schools and the dollar demand for political spending towards the 2023 elections allegedly contributed to the Naira slide in FX markets. Available data shows that the country's purchasing managers index (PMI) had strengthened in July to 53.2, up from 50.9 in June, despite the multiple policy rate hikes by the CBN's Monetary Policy Committee (MPC) in its last two meetings. The Monetary Policy Committee will meet in September to discuss inflation and GDP growth for H1 2022.

The outcome of the MPC meeting in September may not stop Investors from bemoaning the rising negative inflation-adjusted returns on investor portfolios as domestic prices rise. The 10-year FGN bond offers (a 12.68%) yield compared to the 17-year inflation of 19.64 and offers a negative inflation-adjusted return. The same applies to other fixed-income tenors. Meanwhile, poorer households face tougher times as the rise in food prices leaves them with weak purchasing power and materially devalued savings. A look at the basket of items surveyed by the Bureau in July shows that Food and Beverage costs rose fastest by 21.94%, followed by Imported Food (17.91%), Clothing and Footwear (17.73%), Energy, and Housing. Electricity and Transport also recorded higher inflation rates in July, inflation for 2022 to **+17.14%** up from **+16.72%** as of H1 2022. Over the corresponding period in 2021, the inflation rate was **+17.59%**. With inflation rising to a 17-year high in July, the Monetary Policy Committee (MPC) is expected to review the continuous surge in inflation along with the Q2 GDP figures to guide its decision. However, judging by the voting pattern in the last meeting, Analysts believe the MPC would continue with its hawkish stance.

Capital Market Summary .

Analysis of the market activity in the week ended August 19, 2022 shows that the market lost strength as investors continued selling valued stocks during the week. The NGX All Share Index and market capitalization of listed equities thereby depreciated by 0.59% each from the opening figures of 49,664.07 and N26,787 trillion to close at 49,370.62 and N26,629 trillion respectively. Its year to date (YTD) return stands at **+15.58%**.

MACROECONOMIC INDICATORS

GDP Growth Rate	+3.11%	May 24, 2022
Un-employment Rate	33.30%	May 24, 2022
Broad Money Supply (M2)	N38,026,970.00 rn	May 24, 2022
Money Supply (M1)	N16,186,615.62rn	May 24, 2022
Consumer Price Index (YOY)	19.64%	August 17, 2022
Monetary Policy Rate (MPR)	14.00%	July 19, 2022
Cash Reserve Ratio (CRR)	27.50%	May 24, 2022
Nigeria's Bonny Light Crude Oil	US\$112.25/Bar	August 12, 2022
Nigeria's Gross External Reserves	US\$38.68bn	August 12, 2022

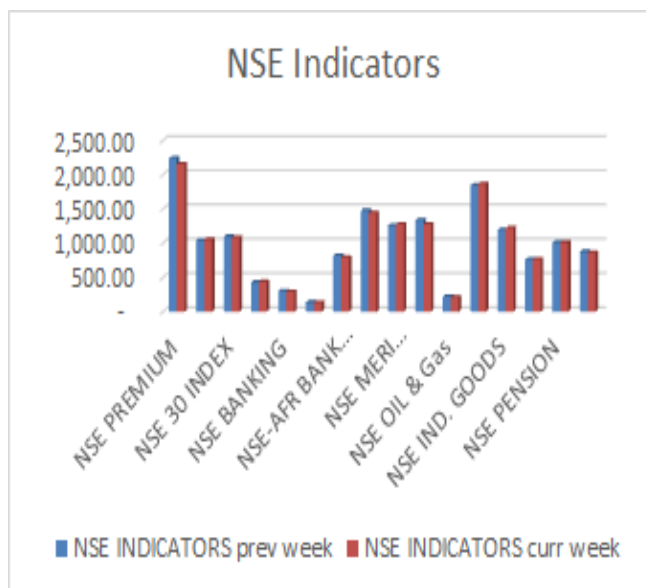
Source: Central Bank of Nigeria (CBN)

ALL SHARE INDEX & MKT. CAP



Source: Nigerian Stock Exchange (NSE) & Regency Research

PERFORMANCE OF THE NSE INDICES



Source: Nigerian Stock Exchange (NSE) & Regency Research



STOCK MARKET REPORT

STOCK RECOMMENDED FOR TRADING

STOCKS	Mkt price	curr price	Cap. App	Bk Value	6 mths	No of Shares in	52wks	52 wks	PAT N'b	PAT N'b	EPS N=	EPS N=	Period	Div. pd	Div. Yield	NET ASSETS	Exp. Retu	Exp return	Total	Total
	31/12/21	30/6/2022	%	N=	Exp Price	Issue	high	low	Current	Last year	Current	Last year		N=	%	N=bill.	cap. Appr	Div. N=	Ret. N=	Ret. %
UBA	8.05	7.45	(7.45)	24.15	9.66	34,199,421,368	8.05	7.00	41,496	38,155	1.14	1.04	qter 1	1.00	12.42	825,753,000,000	1.61	1.00	2.61	32.42
ZENITH	23.95	21.70	(9.39)	42.37	28.74	31,396,493,786	27.50	22.00	58,198	53,080	1.85	1.69	qter 1	3.10	12.94	1,330,397,000,000	4.79	3.10	7.89	32.94
GTCO	26.00	20.50	(21.15)	30.88	31.20	29,431,179,224	30.25	21.45	43,208	45,546	1.51	1.60	qter 1	3.00	11.54	908,758,731,000	5.20	3.00	8.20	31.54
ACCESS	9.30	9.25	(0.54)	30.84	11.16	35,545,225,622	10.00	8.00	57,399	52,549	1.63	1.49	qter 1	1.00	10.75	1,096,318,000,000	1.86	0.60	2.46	26.45
FBNH	11.40	11.60	1.75	21.51	13.14	35,895,292,792	12.90	7.05	32,401	15,599	0.89	0.43	qter 1	0.35	3.07	907,678,000,000	2.19	0.35	2.54	22.28
FIDELITY	2.55	3.42	34.12	10.65	3.06	28,974,797,023	4.05	2.19	9,515	9,590	0.33	0.33	qter 1	0.35	13.73	308,486,000,000	0.51	0.22	0.73	28.63
DANSUGAR	17.40	16.30	(6.32)	11.32	20.88	12,146,878,241	18.75	15.00	8,870	8,302	0.73	0.68	qter 1	1.00	5.75	137,500,909,000	3.48	1.00	4.48	25.75
NASCON	13.20	11.75	(10.98)	6.08	15.84	2,469,438,378	16.00	11.70	0.38637	0.72320	0.58	1.09	qter 1	0.40	3.03	15,017,053,000	2.64	0.40	3.04	23.03
UCAP	9.90	12.75	28.79	3.97	11.88	6,000,000,000	14.15	5.85	2,309	1,659	1.54	1.11	qter 1	1.50	15.15	23,849,201,000	1.98	1.50	3.48	35.15
AFRIPRUD	6.35	5.65	(11.02)	4.08	7.62	2,000,000,000	8.15	5.75	0.43147	0.38135	0.20	0.19	qter 1	0.50	7.87	8,164,549,000	1.27	0.50	1.77	27.87
CADBURY	8.80	17.25	96.02	8.08	10.56	1,878,202,000	17.85	7.65	1,542	0.24158	0.82	0.13	qter 1	0.50	5.68	15,177,904,000	1.76	0.50	2.26	25.68
UNILEVER	14.50	14.80	2.07	11.76	17.40	5,745,006,000	17.00	11.00	1,796	(0.49196)	0.31	(0.09)	qter 1	0.50	3.45	67,557,964,000	2.90	0.50	3.40	23.45
PZ	6.10	9.60	57.38	9.87	7.32	3,970,476,000	13.70	5.25	5,641	1,017	1.42	0.26	qter 3	0.25	4.10	39,204,100,000	1.22	0.50	1.72	28.20
NAHCO	3.74	8.50	127.27	4.52	4.49	1,624,218,750	7.25	2.15	0.324	0.170	0.20	0.10	qter 1	0.41	10.96	7,342,538,000	0.75	0.41	1.16	30.96
FLOUR MILL	28.35	32.50	14.64	40.40	34.02	4,100,379,605	41.45	27.50	15,592	8,161	3.85	1.84	qter 3	2.15	7.58	165,658,000,000	5.67	1.65	7.32	25.82
DANCEM	257.00	275.00	7.00	60.76	269.85	17,040,507,405	300	204	105,851	89,710	6.18	5.29	qter 1	20.00	7.78	1,035,308,000,000	12.85	20.00	32.85	12.78
LARFAGE	23.95	26.40	10.23	24.59	28.74	16,107,795,496	33.20	20.05	17,558	9,136	1.09	0.57	qter 1	2.00	8.35	396,118,753,000	4.79	2.00	6.79	28.35
GSK	5.95	6.50	9.24	7.94	7.14	1,195,878,488	8.50	5.35	0.19437	0.65881	0.16	0.55	qter 1	0.45	7.56	9,493,815,000	1.19	0.40	1.59	26.72
MAY BAKER	4.02	3.97	(1.24)	4.33	4.82	1,725,234,000	5.45	3.91	0.19429	1,050	0.11	0.61	qter 1	0.30	7.46	7,466,409,000	0.80	0.30	1.10	27.46
FIDSON	6.22	11.20	80.06	7.14	7.46	2,086,260,000	12.05	4.60	1,150	0.57955	0.55	0.28	qter 1	0.50	8.04	14,901,503,000	1.24	0.25	1.49	24.02
NB	50.00	58.80	17.60	23.26	60.00	7,996,902,051	78.50	39.90	13,614	7,660	1.69	0.96	qter 1	1.60	3.20	185,976,547,000	10.00	1.60	11.60	23.20
GUINNESS	39.00	90.50	132.05	41.12	46.80	2,190,382,000	110	28.50	15,278	1,838	6.98	0.84	qter 3	0.46	1.18	90,065,026,000	7.80	0.46	8.26	21.18
JBERGER	22.35	26.50	18.57	34.28	26.82	1,600,000,000	30.50	18.91	1,734	2,364	1.08	1.52	qter 1	2.50	11.19	54,846,326,000	4.47	0.40	4.87	21.79
VITAFOAM	22.50	22.50	-	11.61	27.00	1,250,844,064	25.00	8.70	3,613	2,487	3.20	2.17	qter 2	1.50	6.67	14,518,926,000	4.50	1.50	6.00	26.67
UACN	9.50	11.10	16.84	17.87	11.40	2,881,296,580	15.00	8.90	0.6387	0.66815	0.18	0.12	qter 1	0.65	6.84	51,477,943,000	1.90	1.20	3.10	32.63
ARDOVA	13.00	13.05	0.38	12.30	15.60	1,310,628,000	18.00	11.55	(1,649)	1,858	(1.26)	1.44	qter 4	0.19	1.46	16,124,000,000	2.60	0.19	2.79	21.46
CONOIL	22.00	28.80	30.91	32.20	26.40	693,952,117	31.50	20.00	0.55722	0.42393	0.80	0.61	qter 1	2.50	11.36	22,346,589,000	4.40	1.50	5.90	26.82
TOTAL	221.90	234.50	5.68	135.71	266.28	339,521,837	265	145	4,366	2,970	12.86	8.75	qter 1	18.20	8.20	46,077,873,000	44.38	6.08	50.46	22.74
ETERNA	5.05	7.10	40.59	9.97	6.06	1,304,144,000	8.80	4.86	0.87746	0.25445	0.67	0.20	qter 1	0.10	1.98	12,995,801,000	1.01	0.10	1.11	21.98
OKOMU	142.00	215.00	51.41	45.65	149.10	953,910,000	215	104	9,498	5,271	9.96	5.53	qter 1	8.00	5.63	43,550,072,000	7.10	7.00	14.10	9.93
PRESCO	87.80	165.00	87.93	42.83	92.19	1,000,000,000	200	70.00	13,775	5,030	13.78	5.03	qter 3	6.60	7.52	42,826,810,000	4.39	2.00	6.39	7.28
CUSTODIAN	7.90	7.00	(11.39)	11.27	9.48	5,881,864,195	8.45	5.85	2,186	1,329	0.35	0.24	qter 1	0.40	5.06	66,310,651,000	1.58	0.45	2.03	25.70
NEM	4.50	3.80	(15.56)	2.40	5.40	10,032,955,535	5.00	1.86	1,545	1,092	0.15	0.11	qter 1	0.22	4.89	24,048,082,000	0.90	0.09	0.99	22.00
MTN	197.00	230	16.75	17.54	236.40	20,354,513,050	270	160	96,820	73,748	4.76	3.62	qter 1	8.57	4.35	356,984,000,000	39.40	8.57	47.97	24.35
TRANSORP	0.96	1.23	28.13	3.72	1.152	40,647,990,293	1.52	0.84	5,035	2,041	0.05	0.0179	qter 1	0.02	2.08	151,040,841,000	0.19	0.01	0.20	21.04
NGX	19.9	23	15.58	17.44	23.88	1,964,115,918	27.9	15.3	0.1483	0.8032	0.07	0.41	qter 1			34,262,654,000	3.98		3.98	20.00
FCMB	2.99	3.46	15.72	12.57	3.588	19,802,710,754	3.88	2.71	5,168	3,572	0.28	0.18	qter 1	0.15	5.02	248,968,936,000	0.60	0.15	0.75	25.02
LIVESTOCK	2.15	1.3	(39.53)	0.84	2.58	2,999,999,418	2.5	1.42	0.018121	0.176539	0.06	0.0588	qter 1	-	-	2,520,597,000	0.43	-	0.43	20.00
HONYWELL	3.40	2.76	(18.82)	7.34	4.08	7,930,197,858	4.45	1.1	0.0209	0.323	0.03	0.041	qter 3	0.07	2.06	58,232,000,000	0.68	0.07	0.75	22.06

WE RECOMMEND THE ABOVE STOCKS WITH THE COMPUTED TOTAL RETURN IN THE NEXT 6 MONTHS

Reasons for selection

- Strong fundamentals and consistent good dividend payment in the last five years
- The EPS are good showing that they can pay dividend they paid last year while some of them are performing better.
- The Current PAT show they are performing well and they may pay better dividend than the previous year
- The Book value are good showing that some of the stocks are underpriced, hence, there is room for capital appreciation.
- The wide variance between the 52weeks low and 52 weeks high for some of the stocks show high potential for capital appreciation
- All the stocks have good investors sentiment
- The liquidity of the recommended stocks are high, indicating easy entry and exit
- The speculative stocks may not meet all the above conditions, however, the recent performance and sound investors perception may spark capital appreciation
- Stocks selected are over 50.00% of the total market capitalisation

Source: Nigerian Stock Exchange (NSE) & Regency Research



STOCK MARKET REPORT

Domestic Market Review

RECOMMENDED STOCKS FOR THE WEEK

OUTLOOK AND STOCK RECOMMENDATION FOR THE WEEK

22/08/22-26/08/2022

The Nigerian bourse ended the week on a negative note as market sentiment remained red. The NGXASI closed the week **-0.59%** as against the **+0.70%** gain recorded last week. The Nigerian Exchange lost N158.30bn in naira terms. Year-to-date, the NGSAXI remained positive to close the week with a **+15.58%** gain as the market capitalization settled at N27,3trn at the end of the week. As companies continued to release their Q2 financial report, we expect positive earnings to be a significant factor for investors in deciding which stock to buy. In the coming week, we expect the market to return to positive as prices of some valued stocks are attractive due to profit taking. We will continue to advise investors to trade only in fundamentally justified stocks as the weak macro environment remains a significant headwind for listed companies. In the light of the above we uphold the the previous week recommendation for purchase during the week. The companies recommended are good dividend paying stocks with strong fundamentals. Their prices are very attractive due to profit taking in the last trading week. The stocks are: **GTCO, NB PLC, UBA PLC, ACCESS PLC. ZENITH, GUINNESS PLC, AND NGX PLC**

Stocks	Current Price	Max. entry Price N=	Target price	% Change
GTCO	20.30	21.00	30.00	47.78
ACCESS	8.30	10.00	12.00	44.59
UBA	7.10	8.00	10.00	40.85
ZENITH	21.95	24.00	30.00	36.67
GUINNESS	84.00	90.00	120.00	42.86
NGX	20.55	21.00	25.00	21.65

FINANCIAL HIGHLIGHTS OF RECOMMENDED STOCKS

Company	Result	Turnover		PAT			
		Current N=bill	Last yr N=bil	Current N=bill	Last yr N=bil	Curr EPS	Last Div. Paid
NGX PLC	2nd QTER 30/06/2022	3.82	1.59	0.820	0.449	N0.44	NO div. paid in 2021 FY
LARFAGE WAPCO	2nd QTER 30/06/2022	186.59	145.02	37.41	28.32	N2.32	N2 div. was declared 2021 FY
GTCO MILLS	1st QTER 31/03/2022	112.76	100.96	43.21	45.55	N1.51	N3.00 paid in year 2021 FY
UCAP PLC	2nd qter 30/06/2022	9.110	6.85	4.44	3.14	N1.48	N1.50 DIV PD IN YEAR 2021
UBA PLC	1st Qter 31/03/2022	184.12	155.55	41.50	38.16	N1.14	N1.00 Paid in year 2021 Financial year
ACCESS BANK PLC	1st Qter 31/03/2022	295.74	222.14	57.40	52.55	N1.64	N1.00 pd as dividend in year 2021
GUINNESS PLC	audited 30/6/2022	206.82	160.42	15.60	1.25	N7.15	N7.14 PD IN YEAR 2022
ZENITH PLC	1STBQTER 31/3/2022	191.52	157.31	58.20	53.06	N1.85	N3.10 PD IN YEAR 2021

Source: Nigerian Stock Exchange (NSE) & Regency Research



STOCK MARKET REPORT

Domestic Market Review

GAINERS FOR THE WEEK

Twenty one stocks appreciated in price during the week, as against Thirty three stocks in preceding week. The top ten price gainers during the week were:

LOSERS FOR THE WEEK

Forty one stocks depreciated in price during the week as against Twenty six stocks recorded in the preceding week. The top ten price losers during the week were:

EXCHANGE TRADED PRODUCTS (ETP)

A total of 2,378 units of Exchange Traded Products valued at N1,531,377.94 in 22 deals were traded during the week compared with 3,091 units of Exchange Traded Product valued at N13,062,652.57 traded last week in 41 deals.

BOND MARKET

A total of 78,821 units of FBN Bond valued at N82,637,701.32 in 19 deals were traded during the week compared with 80,732 units of FGN Bond valued at N86,216,780.14 traded last week in 38 deals

MARKET SUMMARY

	Curr. Week	Previous week	% Change
Volume	823.005 M	1,511 M	-0.46
Value N=	N12,228 B	N13,547 B	-9.74
Total Gain	21	33	-0.36
Total Loss	41	26	-57.69
Deals	17,482	20,074	-12.91
All Share Index	49,370.62	49,664.07	-0.59
Market Cap.	N=26,629 Trillion	N=26,787 Trillion	-0.59

TOP TEN GAINERS

Company	Op.Price	cl. Price	Gain	Gain in %
PRESTIGE	0.44	0.52	0.08	18.18
NEIMETH	1.40	1.53	0.13	9.29
SOV. TRUST	0.25	0.27	0.02	8.00
RED STAR	2.55	2.70	0.15	5.88
UNITY BANK	0.43	0.45	0.02	4.65
AIICO	0.55	0.57	0.02	3.64
UBN	5.80	6.00	0.20	3.45
ZENITH	21.25	21.95	0.70	3.29
FTN COCOA	0.32	0.33	0.01	3.13
ACADEMY	2.02	2.08	0.06	2.97

TOP TEN LOSERS

Company	Op.Price	Cl. Price	Loss	Loss in %
JAPPAUL	0.38	0.29	(0.09)	(23.68)
COURTVILLE	0.56	0.44	(0.12)	(21.43)
UPL	2.12	1.72	(0.40)	(18.87)
PZ	10.25	8.50	(1.75)	(17.07)
HONYWELL	2.83	2.42	(0.41)	(14.49)
MULTIVERSE	2.44	2.10	(0.34)	(13.93)
NEM	4.41	3.82	(0.59)	(13.38)
CADBURY	15.40	13.70	(1.70)	(11.04)
CHAMS	0.28	0.25	(0.03)	(10.71)
FLOUR MILLS	32.45	29.05	(3.40)	(10.48)

Source: Nigerian Stock Exchange (NSE) & Regency Research



MODEL EQUITY PORTFOLIO

PORTFOLIO VALUATION AS AT 19/08/2022												
				Unit	B-E	Current	Target price		Dividend	TOTAL	Gain/Loss	
P/Date	Stock	Units	Tcost	Cost	Price	Price	30% App	NET VALUE	Dividend	TOTAL VALUE		G/L%
1/1/2022	WAPCO	50,000	1,216,350.00	24.33	24.78	23.95	31.63	1,175,759.39	45,000.00	1,220,759.39	4,409.39	0.36
1/1/2022	UBA	50,000	410,550.00	8.21	8.36	7.10	10.67	348,554.98	45,000.00	393,554.98	16,995.03	4.14
1/1/2022	FIDELITY	50,000	130,050.00	2.60	2.65	3.06	3.38	150,222.29	15,750.00	165,972.29	35,922.29	27.62
1/1/2022	DANGSUGAR	50,000	887,400.00	17.75	18.08	16.30	23.07	800,203.68	45,000.00	845,203.68	42,196.33	4.76
1/1/2022	ZENITH	50,000	1,282,650.00	25.65	26.13	21.95	33.35	1,077,574.89	139,500.00	1,217,074.89	65,575.11	5.11
1/1/2022	UCAP PLC	50,000	504,900.00	10.10	10.28	11.80	13.13	579,288.55	67,500.00	646,788.55	141,888.55	28.10
1/1/2022	GTCO PLC	50,000	1,326,000.00	26.52	27.01	20.30	34.48	996,572.68	135,000.00	1,131,572.68	194,427.33	14.66
1/1/2022	FLOUR MILLS	50,000	1,445,850.00	28.92	29.45	29.05	37.59	1,426,129.86	74,250.00	1,500,379.86	54,529.86	3.77
1/1/2022	DANCEM	50,000	13,107,000.00	262.14	266.99	258.80	340.78	12,705,074.30	990,000.00	13,695,074.30	588,074.30	4.49
1/1/2022	VITAFOAM	50,000	1,147,500.00	22.95	23.37	22.50	29.84	1,104,575.63	67,500.00	1,172,075.63	24,575.63	2.14
			21,458,250.00					20,363,956.22		21,988,456.22	530,206.22	2.47

The Equity Portfolio Model which closed the previous week at 3.56% depreciated during the week and closed at 2.47% (YTD). This can be compared with NGX All Share Index which was 16.26% in the previous week and closed at 15.58% {YTD} during the week. The Equity Portfolio Model depreciated during the week as investors sold some valued stocks. The EPM continued to perform lower compared with the All Share Index of the market. Some of the stocks responsible for the lower performance in EPM are: Zenith bank, DANCEM, WAPCO, UBA, and DANGSUGAR Plc . Investors are thereby advised to take into consideration selection of stocks in diversified sectors to minimize risk, good dividend paying stocks and strong fundamentals to enhance the value of the portfolio. Key. Tcost means total cost of the transactions including charges (market price*units plus charges). Unit cost is total cost per unit of the stocks. B-E Price is break-even price i.e the price the portfolio will not record any gain or loss. Target price is the price we want to sell.

Source: Nigerian Stock Exchange (NSE) & Regency Research



STOCK MARKET REPORT

MARKET DEVELOPMENTS (LAST WEEK)

The President, Major General Muhammadu Buhari (retd.), recently reversed his authorisation of the acquisition of the entire share capital of Mobil Producing Nigeria Unlimited by Seplat Energy Offshore Limited. The move puts the Presidency on the side of the Nigerian National Petroleum Company Limited which had earlier declined the \$1.3bn transaction. During the week, a statement by the Special Adviser to the President on Media and Publicity, Femi Adesina, revealed that President Buhari consented to acquisition of Exxon Mobil shares by Seplat Energy Offshore Ltd. According to the Presidency, Buhari authorised the move in his capacity as Minister of Petroleum as a way to attract Foreign Direct Investment to the country. But giving an update on the issue, the Senior Special Assistant to the President on Media and Publicity, Garba Shehu, told our correspondent that Buhari had reversed the decision and the previous misunderstanding was because the “agencies involved in (the) decision had not coordinated well among themselves.” Earlier, Shehu, who spoke to an online publication, said the President’s reversal of his earlier approval was in line with the position of the Nigerian Upstream Petroleum Regulatory Commission. According to him, the confusion over ExxonMobil shares was because “the various agencies involved in the decision had not coordinated well among themselves and having looked at all of the facts with all of the ramifications, the president decided the position of the regulator is to be supported.

INVESTMENT BASICS

Saving Habits For Individuals And How to move from debt to financial freedom

For several people, financial independence is a goal. It usually entails having enough saving, investments, and cash on hand to sustain the lifestyle as well as a developing a "fortune nest" that will allow you to retire and follow the career of your choice without being constrained by a yearly salary. Individuals in the informal and formal sectors want to save if they have any reasonable and convenient living standards in retirement, as savings in these sectors have become the apparent replacement for traditional pensions. Unfortunately, far too many people fail. They fall victim of debt, financial emergencies, wasteful spending, and other obstacles that prevent them from achieving their objectives. Then unexpected occurrences, such as a storm or earthquake—or a pandemic—throw plans into disarray and disclose previously unseen gaps in their safety nets. Old habits, terrible financial ones, are difficult to break. If you don't have any savings and spend more than you earn, it's time to break your unhealthy spending patterns and start practicing healthy financial practices. Good money habits can help you build wealth and set yourself up for financial success. They will assist you in learning how to budget, save money, and achieve your financial objectives. Of course, breaking negative habits and forming new ones is a process that takes time. Eliminating negative money habits as soon as possible is critical. Poor financial habits might keep you from achieving your financial objectives and set you up for failure. Budgeting your money, having inconsistent spending patterns, and failing to save money can put you at risk of unforeseen expenses and leave you living paycheck to paycheck with no money set up for retirement. As you can see, unhealthy financial habits can have disastrous consequences for your financial future. However, with patience and knowledge, you may begin to develop better money habits. You can start by making a list of how much money you should have in your bank account, the lifestyle you want to live, and when you plan to reach this ideal lifestyle. The more explicit your goals are, the more likely you are to achieve them. Then, working backward from your present age, set financial milestones at intervals. Put the target sheet at the front of your financial planner and write everything down carefully. The easiest method to ensure that we pay all expenses and savings is to create a household expenditure budget and stick to it. It's also a consistent practice that emphasizes your goals and strengthens your willpower to resist the need to splurge. It's not difficult to live a modest lifestyle if you have the perspective of living an entire life with less. Before becoming wealthy, many wealthy people acquired a habit of living below their means. People may doubt this because of recent stock market volatility, but there has never been a better method to build your money than through investment. Compound interest will enable it to expand significantly over time, but it will take a long time to reach possible progress. Also, one can examine all applicable tax law changes to utilize all adjustments and reductions. Stay glued to financial news and stock market movements, and don't be afraid to make changes to your investment portfolio as needed. Awareness is also the best safeguard against those looking to make a quick buck by preying on inexperienced investors. More so, taking care of your property doubles the life of everything from cars and lawnmowers to shoes and clothing. Maintenance is an investment because it is part of the replacement price. Finally, these things will not cure all your financial issues, but they will assist you in developing good habits that will put you on the road to financial independence.

Source: Nigerian Stock Exchange (NSE) & Regency Research



FIXED INCOME MARKET REPORT

Money Market

Maintaining its double-digit momentum all week, the funding rate edged higher on a week-on-week basis. The Open Repo rate (OPR) climbed up to 14.67 by +22.25% (W-o-W) and the overnight rate (O/N) rose to its resistance level of 15.00 by +15.38% (W-o-W)

Treasury Bills.

The DMO during the week sold a total of N264.28bn worth of notes, which was the exact amount offered. The rates on the 91-day and 182-day rose by 5bps and 10bps to settle at 2.80% and 4.10% respectively while the 364-day remained unchanged at 7.00% due to the high subscription level.

Foreign Currency (EXCHANGE RATE).

For most of the trading sessions this week, Naira depreciated at the I & E FX window as FX scarcity persists. On a week-on-week basis, the Naira appreciated by 0.13% to N429.05/US\$ at the close of trading on Friday at the I&E FX window. The Naira closed at N427.88 at the NAFEX (spot market), depreciating by 0.72% week-on-week basis

OIL PRICE.

The Nigeria's oil price (WTI) depreciated during the week under review. According to the latest data, the oil price closed at \$90.77 per barrel during the week, compared with \$91.88 recorded in the previous week .

NIGERIAN INTER BANK OFFER RATE NIBOR

Money Market Rate			
	12-Aug-22	19-Aug-22	% Change
OPR (%)	12	14.67	+22.25%
O/N (%)	13	15	+15.38%

Source: Financial Markets Dealers Quotations (FMDQ)

TREASURY BILLS RATES

NIGERIAN TREASURY BILL AUCTION JULY 29, 2022

Nigerian Treasury Bills Auction					
Tenor	Amount offered (N'bn)	Total subscription (N'bn)	Amount sold (N'bn)	Stop Rate (%)	Previous rate (%)
91-days	2.22	1.86	1.69	2.8	2.75
182-days	3.54	1.4	1.26	4.1	4
364-days	258.53	317.25	261.33	7	7

Source: Central Bank of Nigeria (CBN)

MONEY MARKET RATES

Average Benchmark Yields			
	12-Aug-22	19-Aug-22	% Change
I&E FX	429.62	429.05	-0.13%
NAFEX (\$/N)	424.83	427.88	+0.72%

Source: FMDQ

Source: Financial Markets Dealers Quotations (FMDQ)

Disclaimer

This report was prepared, issued and approved by Regency Assets Management Limited (RAML). The report is based on information from various sources that we believe are reliable. While due care has been taken in preparing it, investors are reminded that the stock prices fluctuate based on stock market forces.

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